

Stéphane Cardinaux

BIOENERGY

a bioenergetic approach of goemancy
electromagnetic waves, underground disturbances,
cristals, forms, waveforms, entities and Nature Spirits



vital field, chakras, extrasensibility perceptions, exercises

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Translation from French to English by :
Valérie Sandelin, vsandelin@gmail.com
in collaboration with science consultant:
Daniel Winter, www.goldenmean.info
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to my wife, Anne-Brigitte
and my three children

to my friends and members of the research
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Previous books

« Sacred Geometry » - Volume 1

of the human body, cosmotelluric phenomena
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« Sacred Geometry » - Volume 2

Blueprints and geometric analysis of archi-
tectural classics from around the world, geo-
biological mapping of the energy lines from
ancient sacred sites.

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Introduction

« Vous apprendrez plus de choses dans les bois que dans les livres; les arbres et les roches vous enseigneront des choses que vous ne sauriez entendre ailleurs ».
You will learn more in woods than in books; trees and rocks will teach you things that you would not hear elsewhere.

Saint Bernard de Clairvaux

For ten years I traveled throughout Europe in search of sacred places. I have visited, observed, experienced more than 1800 sites in an attempt to understand Earth subtle energies, and hence, those of life. I spent a decade to understand how the Ancients have found these places, how they have developed them with these energies to bring them into compliance with Sacred Geometry. However, completion was ultimately out of reach, as thoroughly explained in « Sacred Geometry » volumes 1 and 2. Nevertheless, over the years I was able to sharpen my mind - the study of harmonic proportions (« *tracés régulateurs* ») - and my sensings, both external (with hands and eyes) and internal (sensations in the body) by the detection of cosmoteluric phenomena. Geometry could be sensed and this system of perception would follow mathematical laws, I thought I « made the tour » of the alliance and connection of the mind and the body, but I had forgotten a key component: the HEART.

When I had finished writing my last book in May 2005, all research conducted with members of our research group focused on the interaction between subtle energies and matter. We hoped to find the link, the bridge between planes, the construction of devices capable of measuring the invisible. After an unsuccessful trial with an acoustic device controlled by computer, I had the opportunity to acquire a Russian IGA (**geophysical anomaly detector**) device, with which we made many discoveries and had surprising experiences. However, we had to admit that we had put false hopes in this unit which seemed to be a highly sensitive electrometer, detecting minute electrical changes sometimes emanating from the user of the instrument. A device depending on the sensitivity of the operator could not fall within the strict framework of a

scientific approach. Therefore, our attempt to link science and geobiology through a measurement tool of the etheric field failed. (**Dan suggests the word Etheric would mean a weak capacitively coupled charge field often associated with life force**). Of all the cosmoteluric phenomena studied in geobiology, only one is commonly measured electronically, the variation of the Earth magnetic field where there is discontinuity of the underground geology. So we have built a very specific geomagnetometer to measure rock faults, buried blocks, buried foundations of walls, underground water veins and underground water pipes. Thus it became possible to compare our perceptions to physical measurements, which proved perfectly feasible when our conventionally felt and extrasensory perceptions were combined effectively. I have repeatedly demonstrated, working on the land - a remarkable precision in locating the target phenomenon and its relative intensity.

For two years we refined the only instrument capable, at present, to detect and quantify the invisible: the human body. We were a little disappointed, but this led to new perspectives. The study of phenomena would be through double blind testing, and statistics. This book summarizes our research results and conclusions. Of course our search continues and we do not claim to have the ultimate truth. We invite our readers to be the final judge of the keys to understanding proposed in this work. For those with some discriminative sensitivity, we propose simple exercises, allowing them to integrate and confirm in their bodies the result of our research.

We have delved deeply into cathedrals at architectural, geometrical, numerical, bioenergetical, symbolical and cosmotelluric levels! These edifices are open books about the knowledge of the Ancients – for those who know how to read them. They speak to us about our relationship to this world on different levels or planes of reality. We are led in essence to a better understanding of ourselves, of our interaction with the Universe, our minds are opened, the wounds of soul are healed and our bodies transformed.

The Body is the vehicle of the Soul, in service of the Spirit. Spiritual progress that does not manifest in the flesh is then vain because it is a mere illusion of the mind. By contrast, in transforming our bodies (through physical practices and healing process) we can access the spiritual world.

What is not lived with emotion - even passion - cannot feed the soul. If we do not take time to observe and release emotions, we lose conviction in our mental state, with consequences, sooner or later, in the body. To express and conscientiously observe the emotions, it is necessary to have the skill to totally relax. Thus begins another way to absorb and integrate the sacred places. Let's be aware of what comes through all our chakras. Let the

« Reason and feeling must be in unison. If you remain stuck in your head - that is being purely conceptual, you miss a part of reality and your heart will suffer. »

A fairy was standing next to a cedar tree, waiting for months for me to speak to her. One evening coming to the tree, she whispered: « What you have to discover about cosmotelluric phenomena transcends what you considered until now. This will require an openness of consciousness that can be done only by the opening of the heart. A feminine approach will evolve and complete your masculine approach. So your discoveries will be expressed with accuracy and simplicity. Don't try to prove anything, you have nothing

energy and information circulate freely. Let's be in the present here and now rather than in expectation, otherwise we often mentally project ourselves into an illusory future.

It is only when we are no longer in expectation, that what is meant to happen can unfold.

Everything is in the state of mind, regardless of place and time. The most majestic cathedrals, the most powerful cromlech will not give us more than a simple rock at the edge of a forest or in the middle of a waterfall. If a place seems magical, it is because the magic is in us and just needs to be expressed through the beings that inhabit the invisible. This is true initiation.

« To listen to a tree or to a stone, is to listen to the divine in us ». (« Ecouter l'arbre ou la pierre, c'est écouter le divin en vous ».)

Saint Bernard, thank you for your wisdom

to prove, just experiment, express and share ... in LOVE. »

Events transpired with seeming intention to make me discover the feminine in me. I acknowledge how much my research group had become my spiritual family and take this opportunity also to thank them, because without them this book would not have come to fruition.

I thank the Fairy for her guidance.

Chapter One

The vital field

What is the vital field?

How to measure it and feel it?

The difference between inner and outer perceptions.

Bioenergetic values of products.

Permeability of the vital field and its health impact.

What does it mean to « be centered »?

How to measure an emotional impact?

How to measure a vibration?

How to measure auric disturbances?