

Vital field

History

In 1998 I became interested to study the energy layers around the human body which can be felt with your hands. I discovered at the same time the Sonotest, a kind of tuning fork, which allows discriminating through sound these layers closer or further from the body. With these perceptions, confirmed by Sonotest, I began to study the spatial distribution of these layers of energy, from the skin, up to several tens of meters distance from the skin. When I discovered that this energy layer expansion varies depending on location, I had at last a powerful tool to compare the energy of different places. Until that point, with two friends, we were using the Bovis scale, but we knew that approach was entirely subjective.

Through these layers we call « vital field », it becomes possible at any moment in similar conditions to have a reproducible measurement. Through measurements on many individuals, we can establish an average of vital field variations. By tens of thousands of measurements, experience shows that these variations, expressed as a percentage, are reproducible for a given sample of people. To validate this method, we conducted (and still conduct very regularly) series of double blind measurements. Statistics demonstrates the reliability and reproducibility of this method.

Since then, this vital field measurement has become a precious tool to assess the impact of all that surrounds us. We first tested foods, then we continued with other materials, medicine, music, places, etc. Everything is measurable: the effect of a thought, a planet, a symbol, even the presence of nonmaterial beings. Some may smile but there is no difference in the vital field test, between a real phenomenon present versus the effect of a simple thought.

A quantum detection tool

We also use the vital field measurement to probe matter itself. With the vital field, it is possible to distinguish with double blind testing, two products with almost similar chemical composition, differing only by an atom or two. Similarly, we can distinguish between two

molecules from the same substance, by their geometry. This shows that the vital field does not only react to what is visible and palpable, but also to the extremely small and subtle. Over the years with experience, we push ever further the limits of human sensitivity.

Measuring the infinitely large

By having a person meditate on a planet or a star, we find variations of the vital field which are consistent and reproducible. By focusing on planets, we can guess to which planet a person is connected mentally. The experience is interesting, often transcending our preconceptions about conventional meanings of the planets.

Measurements at distance in space or time

Vital field measurements can be done on a person imagining being elsewhere. Like an MRI image for a person raising an arm or imagining raising an arm, the vital field varies depending on where you imagine yourself to be. This may seem fairly obvious, but what follows is less obvious.

I am in one room and another person in another. The person decides whether or not to connect the wireless phone. I imagine being next to him/ her and I measure my vital field. If it is normal then the phone is not connected, otherwise it is decreased by 30%. Thus, without moving, I can tell from distance if the person is undergoing radiation from the phone or simply if the phone is connected. As this experiment is reproducible, this raises many questions about how the psyche couples with your energy field.

Another experiment: it is 9:10, a person switches on the wireless phone for 3 minutes, without my knowledge. Later, around 9:30, he/ she asks me if the phone was switched on at 9:12. I mentally move backward in time 18 minutes and measure my vital field. As it is diminished, I find that the phone was switched on. With some experience, it is even possible to tell at what time it was switched on.

It does not stop there. If the other person switches the phone on and then thinks he/ she did not, doubt settles...

It is through this kind of experience that we see the limitations of this approach. What we call « reality » is subtler than it seems....

The Nature of the vital field

For years we asked the question of the (physical and/ or subtle) nature of the vital field. Despite all measurements, with the devices we can use, we still have not identified any electric, magnetic, magneto static, electromagnetic aspect of the vital field. Of course, our devices are limited in their frequency band, in their sensitivity, we begin to see the limitations of this approach.

The electromagnetic or acoustic component of the layers of the vital field still eludes us.

What at the moment I can say, is that there is a relationship between the vital field and the Kirlian effect. The greater the flame from your charged aura, (in the Kirlian - or more sophisticated GDV measure), the vaster the

vital field, the denser the « corona », and the closer the vital field layers to each other. Thus there is a relationship between what we feel with the hands and the physical phenomenon photographed.

The Sonotest

When the Sonotest (tuning fork) crosses a layer, the sound does not propagate on a continuous basis. It seems to hit the layer that our brain reflects as a sound variation, the sound seems to go from one ear to the other. The phenomenon is real, but we have no explanation (Dan suggests the layer membrane has different charge density and thus wave propagation velocities). The idea of detecting the position of the layer with the Sonotest is attractive. Unfortunately, in practice, there are so many other similar phenomena that produce similar effect that it takes experience and practice to discriminate their exact position.

The IGA-1

This unit of Russian design indirectly measures the vital layers of the field. It has been very useful in understanding many phenomena and particularly torsion fields (see p. 283).

Nevertheless, even without knowing the nature of these layers, it is possible to locate them and describe precisely how they behave.



The Sonotest



The IGA-1

The near vital field

Moving away from the physical body, I distinguish three zones: the near field, mid (median) field and distant or far field.

The near field ranges from 0 to 20-25 cm. It consists of a multitude of very thin layers, and their spacing becomes smaller and smaller in approaching the skin. They are so tiny that they are difficult to distinguish. The near field is a reservoir of layers for the median field.

I think the nearest layers are so dense that they form a « limit » to the physical body, making our physical body perhaps even palpable. « Subtle matter » forming by condensation and successive compressions of the etheric layers, the « dense matter » (that we can touch and see).

The median vital field

The median is the field I have most measured and mapped. It consists of a variable number of layers, called « sub-layers », between 150 to 250 cm - from the body (in 80% cases).

The space between layers varies in between 20 to 40 cm, commonly 30 cm. At best, they have a regular spacing, but sometimes this spacing gets bigger moving away from the body. Those who do not have regular spacing appear to be more affected by the disturbances of their environment. The thickness of sub-layers varies from 1 cm to about 3 to 5 cm, for the last layer of the median field.

This last layer is called the « bubble of the vital field » or simply « vital field ». When I speak of the measurement of the vital field, it is this particular layer, slightly thicker than others, and therefore easier to feel with your hands.

This bubble represents our vital space. So whatever is inside of, or entering in the bubble is soon captured and sent to the brain, which will translate it in various sensations.

In general, in order not to suffer from ones environment, it is better to have many sub-layers distributed on a regular basis than few sub-layers and irregular spacing. As the number of sub-layers also depends on the size of

the bubble, it is clear that the bigger the vital field, the more sub-layers there are.

Each sub-layer is a sort of « armor » of protection. Too many layers is a sign of overprotection, inducing behaviors that often lead to being overweight. The image of layers is representative of the physical and psychological aspects of a particular person.

The bubble field and its vital sub-layers should not be confused with what the clairvoyants call « emotional », « astral » or « mental bodies ». These bodies are subtler than the etheric vital field and cannot be seen or felt by those seeing auras. As a principle everything that you feel through your hands are physical or etherical.

The distant vital field

The distant field starts from the bubble and extends over tens or hundreds of meters. The distant field layers are much wider than the bubble, with an irregular spacing, which repeats every 7 layers. This field forms a system of harmonics and octaves whose starting point is the median vital field bubble.

You can consider that the distant field is our (passive) warning system and our (active) « radiation ».

Deflection of the centerpoint of the vital field

The entire vital field forms a three-dimensional space structure around the body. In addition to the layers described so far and which fit each other like Russian dolls or onion peels, there often is a deflection of the centerpoint of the vital field either vertically or horizontally (with respect to the body center). This compartmentalization (of the aura center deflected from the body's center) squares space like the longitudes and latitudes of earth. The distribution of partitioning depends on the shape of the physical body. **(Sometimes you tuck your aura or charge center into different parts of your physical anatomy.)**

Among different elements (planes and cones) partitioning the vital field, the three main planes most interesting we call « vertical », « horizontal » and « lateral » plane. They form the axes of the vital field and as we will see later, play a very important role.

Adaptation to the shape of the physical body

The vital field and its sub-layers always follow the shape of the physical body. If I raise my arm laterally, it will not cross the sub-layers, but they will change to adapt to the new geometry of the body.

The etheric field

This field is the area of influence in which it is possible to feel the information emanating from a person.

Similarly, it allows also perceiving ones environment, regardless of the usual five senses. It acts as a sixth sense.

The intensity of this field decreases away from the body, like the radiation of an electromagnetic field.

This field forms the etheric standing waves of the near, medium, and distant field and of the entire partitioning. Each standing wave can be regarded as a peak of fixed information in space.

Of course, most of us are not aware of the phenomenon, but when a person becomes aware of the presence of these layers, it becomes possible to make many experiments.

First it is necessary to learn to feel ones own layers with ones hands and also layers more distant through the hands of another person. We offer a few prior exercises.

Exercise to feel the layers

Place your left hand at chest height, slightly to the left (not on the axis of the body) so it is parallel to the body. By bringing your hand close to the body and then moving it away slowly, you will feel the median field layers. Many sensations are possible first in the hand: tingling in

the fingertips, heat or cold in the palm, « resistance », the air seems thicker, denser as two magnets approaching one another. Some sensations may also move up in the arms and cause muscle contraction or relaxation. This kinesthetic reaction can be exploited as a rapid method of detection of layers, even with no sensation in the hand. In such a case the arm falls when the hand passes through a layer. I use this method for measuring the vital field bubble and distant field layers.

Other reactions are possible: pressure on the chest by pressing the hand on a layer, pressure in the eyes, the temples or the nostrils. In all cases you must be attentive to your inner sensations, to detect your personal way of reaction.

Once you've determined which parts of the body reacts to the passage of an etheric layer, you calibrate regularly this reaction to refine it and use it as a reliable means of detection.

Some people's layers are weak and more difficult to detect. The more anchored we are, the denser the layers and easier to detect. I have taught for years, how to use hands to sense the layers and can assure you that everyone succeeds. The only difficulty is to sense without excess preconception. If you become overly mental doubt sets in and perception vanishes. (Dan suggests the relaxation effect that makes you electrically conductive is essential). The more you are in your body, (and relaxed) here and now, the more the perceptions are increased.