

Consumer Products

(percent effect on aura size)

150-220 %	biodynamic products
120-180 %	organic products
100-130 %	usual products, IP, UHT
80-110 %	treated products, industrial
70-90 %	moldy products, not mature
50-60 %	decay products, chemical

Alcohols

120-200 %	alcohol of plants
130-160 %	organic wine, white and red
90-130 %	red wine
60-80 %	white wine
50-80 %	alcohol of fruits

Water, beverages

200-350 %	sacred spring water
300 %	Dileka water
130-180 %	Plocher, Grander water
130 %	Kombucha, Kefir
110-140 %	herbal teas < 40°
100 %	spring water without chlorine
90 %	chlorinated tap water
70 %	sweet coffee

Sugars

160 %	agave syrup
140 %	raw sugar cane
135 %	Stevia (Amazon plant)
130 %	maple syrup
110 %	sugar cane
70 %	refined white sugar

Butter and margarine

140 %	organic pasteurized butter
130 %	pasteurized butter
120 %	organic Omega 3 margarine
120 %	palm oil bio
110 %	organic margarine
80 %	margarine

Music

120-200 %	classical music
100-150 %	traditional music, jazz
90-130 %	popular song, variety
60-80 %	techno

Miscellaneous

110-350 %	essential oils
150-250 %	Bach flowers
30-50 %	neuroleptic, antibiotic
60-80 %	aspirin

Computers

100 %	LCD, plasma screen
70-80 %	CRT
75-90 %	portable

Activities

150-250 %	walking, sports, martial arts
50-90 %	watch TV news
40-60 %	drive car
30-40 %	sucking smoke of a cigarette
25-35 %	call with a mobile phone

Materials

140 %	clay, cooked clay
140-160 %	silver, gold
110-130 %	glass wool, stone wool
125 %	copper
100-120 %	wool, hemp, flax, coconut
100-120 %	wood, plaster
100-120 %	unreinforced concrete, stone
110-115 %	zinc, titanium
80-90 %	reinforced concrete
70-80 %	nickel, iron, steel
60-70 %	plastic, aluminum, lead

Cosmotelluric usual phenomena

400-700 %	vortex (level 1, non activated)
100-650 %	positive cosmotelluric chimney
100-700 %	telluric currents
110-130 %	telluric knots + (level 1)
30-100 %	negative cosmotelluric chimney
70-90 %	telluric knots + (level 2)
30-90 %	fault, underground water vein

Thoughts

>100 %	positive thoughts: love, joy, inner peace
<100 %	negative thoughts: fear, hatred, anger, guilt, regret

Permeability of the vital field

A balloon grows, according to its internal pressure. The more it is inflated, as the skin gets thinner, the slightest impact against a sharp object will explode it. Like a balloon, the vital field is more sensitive to disturbance when expanding. At equal size, a basketball is much more resistant than a balloon because it is thicker. The same with the vital field. The thicker the layer, the less sensitive to disturbance. Just as the resistance of a balloon can be determined by the energy it takes to puncture it with a needle, the vital field's resistance can be determined by pushing an « etheric needle » through it. As we will describe below, it is easy to create this effect like that of a metal rod pushing into a bubble (waveform, p. 214).

Protocol for measuring permeability

The protocol is to measure the deformation of the vital field bubble when we apply a 30 cm long brass rod against the previously measured vital field. The waveform of the tip causes a withdrawal of all etheric layers. We then measure, along the axis of the rod, the difference between the original position of the vital field and its new position. This measurement protocol is reproducible; the difference will always be the same. The value of permeability is the ratio between this variation and the size of the origin of vital field, expressed as a percentage. With this « perturbation standardized », it is possible to determine the permeability of the vital field of a sample of people.

It is important to follow the protocol, to measure the permeability of the vital field bubble and not of a sub-layer. Indeed, the permeability of sub-layers decreases when approaching the physical body.

Statistical analysis

Since the bioenergetic profile of men is different from that of women (generally less grounded), the statistics give two well-separated curves. The median is at 10% for men, with 80% of the results between 8 and 14%. For women, the median is at 13%, with a curve a lot more spread, with sometimes very high values. I noticed that our sensitivity differs according to

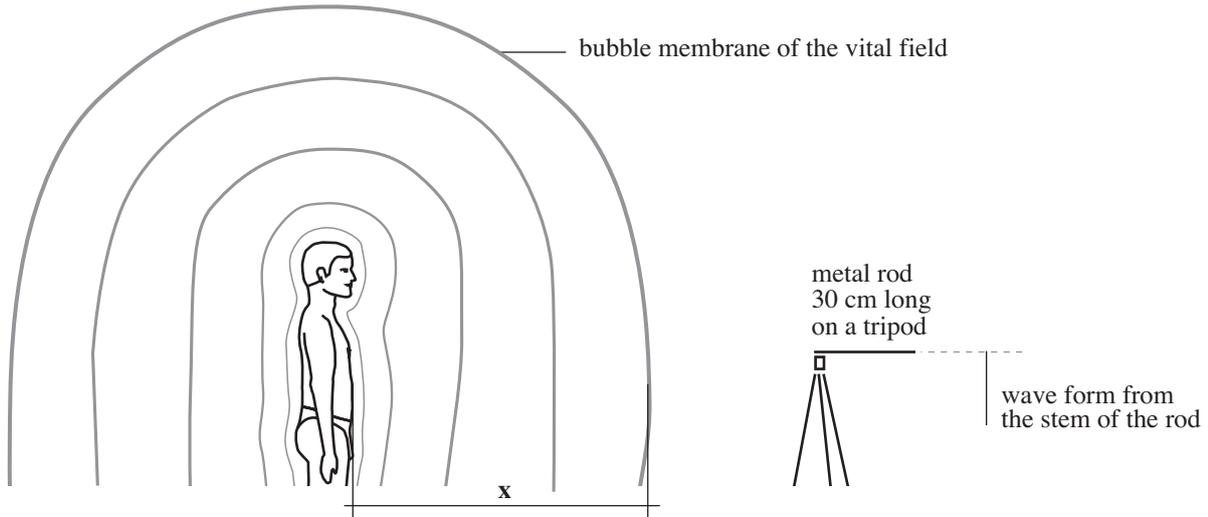
our gender. Thus a man at 15% will feel a bit like a « sponge » and a woman will consider herself more as sensitive. For this reason, we present a graph of two different scales for self-assessment of the sensitivity (qualitative scale).

Importance of permeability

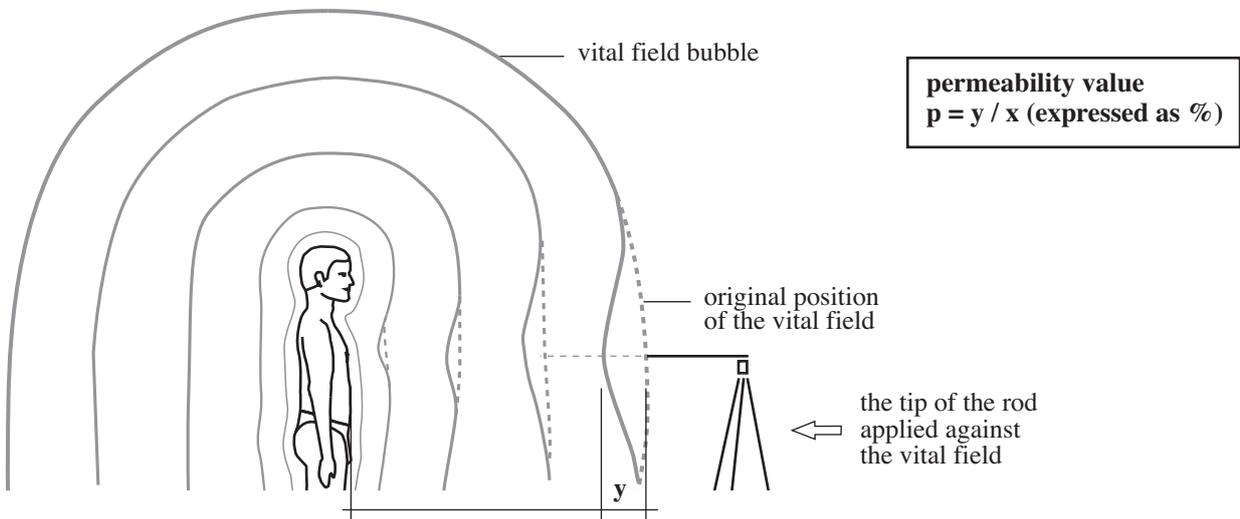
Permeability is a bioenergetic parameter determining the state of health of a person and his/her interaction with the environment. There is a direct relationship between permeability and size of the chakras below the navel. The bigger they are, the more they capture energy from the Earth and provide a high density of vital field. A person well grounded has always a low permeability and is thus immune to psychological, geological, electromagnetic nuisance and have a good capacity for regeneration in case of illness or transient fatigue. We can say that there is proportionality between the permeability and size of the base chakra. Sometimes, however, it is the opposite for some people, weakly grounded or anchored and with a great 6th chakra. In this case, permeability is not managed naturally by the body - chakras 1 to 3 - but influenced, consciously or unconsciously, by the mind which makes it abnormally low. Barriers which are created purely mentally, take too much energy to maintain, so although the person may believe that he/she is protected, they often regularly feel fatigue. The mind requires the energetic body to maintain a dense field while the chakras are unable to provide the energy necessary to ensure a dense field continuously, hence a fluctuating energy, alternating highs and lows.

For this reason, people with low permeability are either lightly affected by the nuisance or, conversely, easily disturbed, because of the unsustainable alternating extremes in their illusion of being protected.

Protocol for measuring the permeability of the vital field

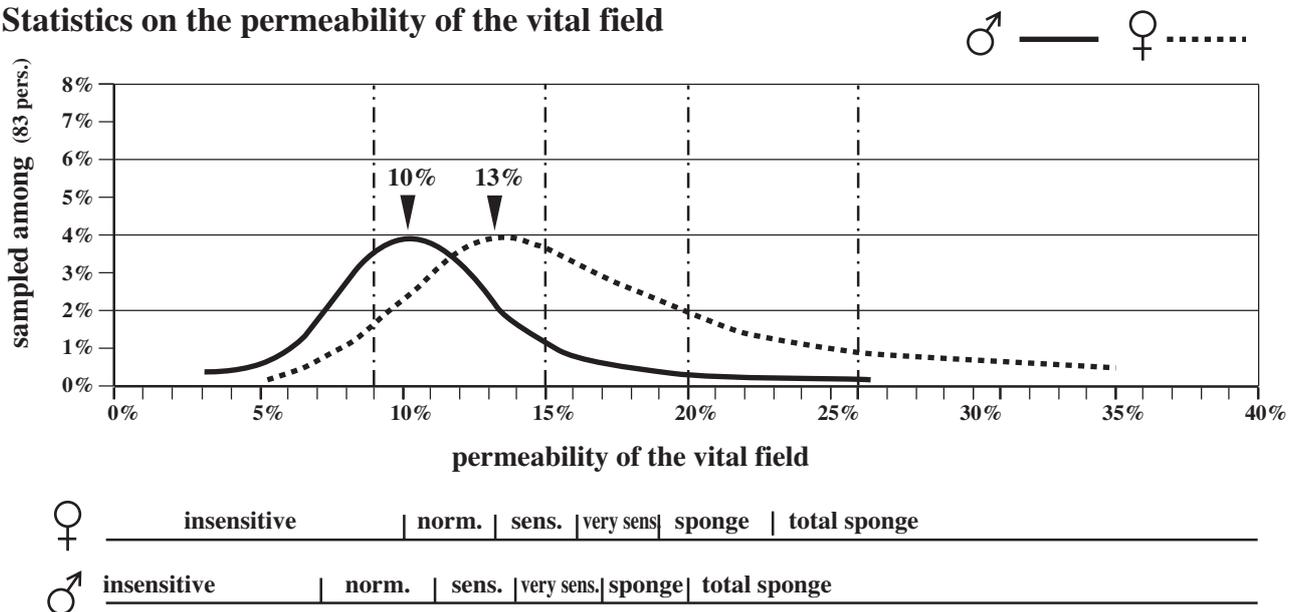


1 / measurement of the vital field



2 / measurement of the perturbation of the vital field

Statistics on the permeability of the vital field



Throughout my experiences, I came to the following conclusions: fatigue is linked to our beliefs: to our fear of being short of energy, to our fear of being attacked by the environment, or that someone else will take our energy. You've probably noticed that it is less tiring to work for yourself than for a boss. Fatigue is more mental than physical.

The permeability has to be managed by the 3rd chakra and not artificially by the 6th.

It varies by hours of day and activities.

When the lowest, the risk of getting sick increases. In statistical terms: between 3 and 6%, it is rare to get sick; between 6% and 8%, it is about 1-2 days of being sick per year, between 8% and 10% - from 2 to 5 days ; between 10% and 12% - about a week (per year), from 15% - disease becomes chronic.

For a better density (aura that holds together better)

To improve the density of the critical field, we can proceed in two stages. Firstly, by removing energy blockages, especially those that fall between the chakras, or on the chakras 1 to 3. These emotions often blocked at various stages of life need to be expressed and released through a healing work. Therapies which are too mental generally have little effect, but those working simultaneously on the body and emotion are much more effective.

Once the blockages are removed, the person can then work to strengthen his/her chakras. As bottlenecks persist, the usual exercises to activate the lower chakras have only temporary effects and are unsustainable. They may even strengthen them. A good walk is fine, but the effect of well-being lasts only a few hours...

In contrast, for a very well anchored person, a half-day outdoors is enough to be in good shape for a week. A good walk is enough to improve the aura density.

Permeability and symptoms

Qualitatively the following usual « symptoms » can be seen in terms of permeability. Note that the sensitivity or reaction of a person facing a waveform (**a test probe in their aura**) is characteristically the same as if they were facing any other type of aggression – physical, energetic or emotional. This assessment is personal. So depending on the value measured, a sensitive person does not necessarily have all the « symptoms » described below, but one of them is sufficient to confirm the permeability state of that person.

Not sensitive

- rarely sick
- very good physical and mental stamina
- difficult to destabilize

Normal

- good general health

Sensitive

- sick from time to time
- sensitive to others
- discomfort in negative places

Very sensitive, like a sponge

- average health, chronic disease
- feels the problems of others
- often tired, low energy
- allergies, skin diseases
- emotional sensitivity
- discomfort in negative places

Sponge

- often ill, weak immunity
- like a sponge - over-absorbent to problems
- often tired, low energy
- does not pick up telluric energies
- allergies, skin diseases
- sensitive to others, to atmosphere
- very uncomfortable in negative places
- quickly destabilized by the events
- regularly invaded by entities

Vital field axes

The vital field forms a bio-energy grid around the physical body. This three-dimensional grid is determined by three axes perpendicular to each other, like orthogonal axes of a coordinate system in space. The starting point (convergence of the axes) is in the navel. This is the point of origin to the establishment of a human being on the physical and etheric.

The horizontal axis forms a plane, a horizontal disc with a thickness of about one centimeter, more or less dense according to the permeability of the person.

The vertical axis is in the axis of the body, seen from the face view. It follows the movements of the spine when we lean to the side.

The lateral axis passes through the ears and malleolus (ankle bone) if the feet are side by side (otherwise it forms an angle between the legs). These three axes are always perpendicular to each other at any point in space around the physical body.

For a human being in good mental, psychological and physical health, these axes pass through the points mentioned. Otherwise, they may move away further and further from alignment. The greater the deflection the more indication of significant pathology. We say that a person is displaced (shifted) if the etheric grid is not aligned with the physical body. We speak of a « centered » person if the three axes intersect on the navel. It is therefore possible that a person is both de-centered and displaced. The normal state of a human being is of course to be aligned (not shifted) and centered. However I note that over 30% of people have different shifts of the axes, signs of mental, psychological, and physical disturbances.

Statistically, the more a person is grounded and healthy, the less displaced. The more mental a person is (**not feeling centered in their lower body**) the less able to handle emotion, and more frequent the misalignments. Overall, men are less prone to misalignments than women.

We must also distinguish between momentary

axial displacements versus permanent ones.

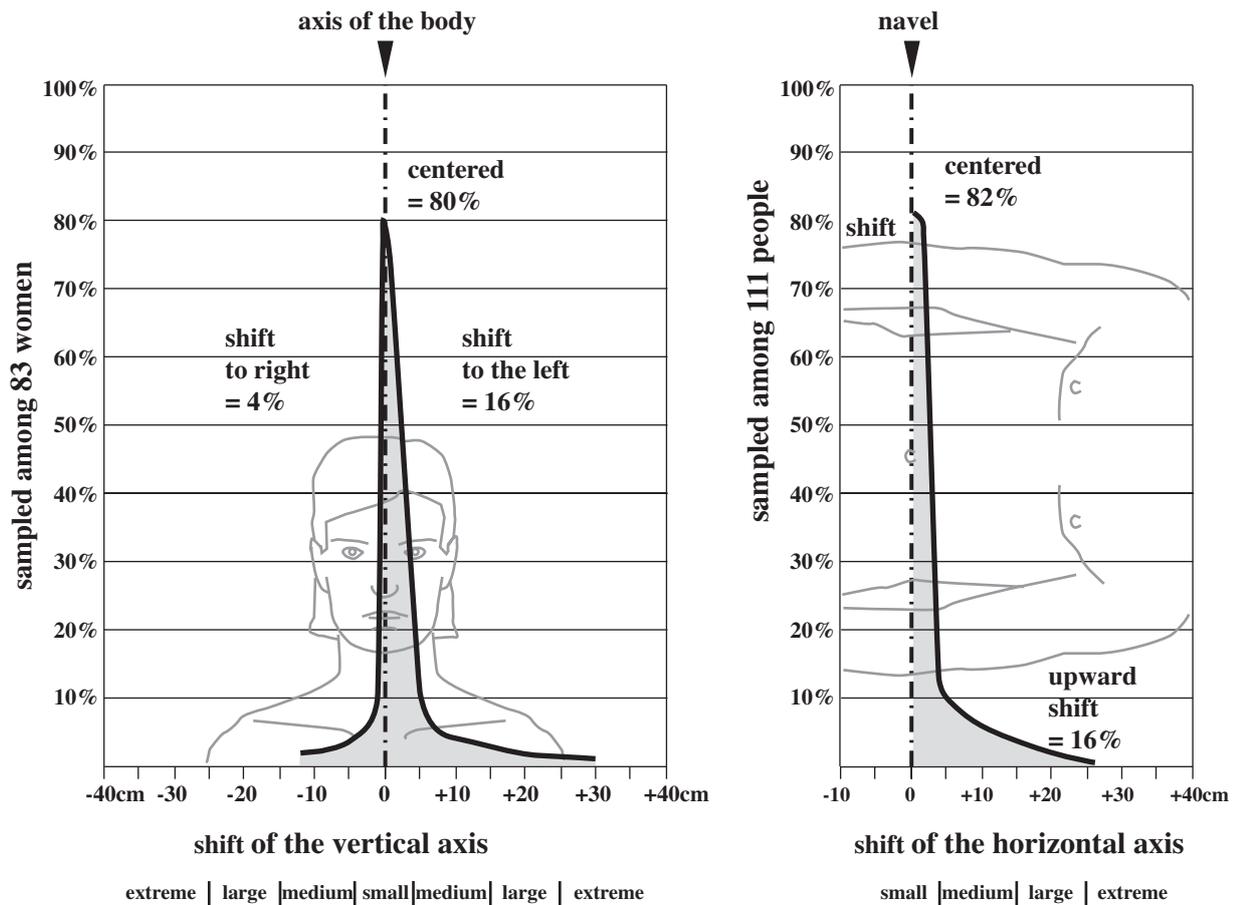
Momentary axial displacements

We are talking about momentary displacements when the cause is environmental (outside the body). In principle, if the environmental cause is removed, the axes return to their original position. This property of the vital field to shift in the presence of a phenomenon has led to a method of investigation, detection and measurement of everything in our environment. We do this without the use of dowsing tools (pendulum, rod, etc...) with an accuracy equivalent to electronic devices typically used in geobiology-ecobiology. Much of this book is devoted to this method and analysis of electromagnetic, geophysical and subtle phenomena through the vital field axes. We found that shifts of the axes are always in proportion to the intensity of a disturbance of the vital field, whether favorable or adverse. They are also proportional to electromagnetic disturbances. Thus, by measuring a shift, we can make a good idea of the intensity of a magnetic field without physical measures. By this method, a sensitive person is more effective than a cheap measuring device. We lose less time in finding the source of the nuisance and may, in addition, assess the effect on the human body. Additionally, using the subtle energy field we may identify in a few seconds stuck or displaced vertebrae without touching the person.

Permanent axial displacements

Environmental or personal causes can create a permanent displacement in the vital field axes. Then, another disturbance may cause a further shift, which will be superimposed on that which is already there.

Statistics on the permanent shifts of the vital field axes



If a permanently displaced person tries to align and center only mentally, the axes may be fixed at the cost of a huge amount of energy but as soon as the mental drops its grasp and stops visualizing the perfect alignment and centering, the axes will quickly return to their initial displacement. Only the removal of the cause of the displacements will allow a natural correction of the system of axes, without involving purely mental intervention. Using the conscious or unconscious mind to correct offsets artificially always leads to severe fatigue. This is of course also the case where a person lives in a disturbed place and tries to remain focused and aligned day and night. It is sometimes difficult to tell whether the bioenergy behavior pattern or the place itself creates fatigue, but the result is the same.

If a displacement is due to a physical problem, to regularly put the axis in place, mentally or by other means, can help expedite the resolution of the physical problem. However, the axis will remain in place naturally only if the problem is solved physically, otherwise at most the correction will hold several seconds to several

minutes.

If a displacement comes from a psychological problem, the axis returns to center as soon as the emotional charge at the origin of the discrepancy is removed from body. However, if the person remains in his/her distorted psychological schema (for example, in his/her behavior towards others), the charge will slowly rebuild and the displacement reappears. Only a final release of emotions crystallized in the body can restore the axes in their ideal position. We will see later the symptoms associated with different displacements.

Displacement statistics

Horizontal, vertical and lateral axial displacement statistics:

Men								
top	center	bottom	right	aligned	left	back	aligned	front
4%	95%	1%	0%	95%	5%	2%	98%	0%

Women								
top	center	bottom	right	aligned	left	back	aligned	front
20%	80%	0%	4%	80%	16%	5%	95%	0%

Measurement of the horizontal axis displacement

Place your left hand against your ribs, palm up, then raise it up and down slowly. The horizontal axis is normally located at the navel or very close. The axis is felt very much like the layers of the vital field, often one feels a slight resistance or tingling in your fingertips. By placing your hand on the side, you do not confuse the horizontal axis with the chakras, which are forward in the axis of the body. Another risk of error is to confuse the axis that forms a horizontal disc and cones which constitute part of the etheric subdivision (see images). With practice, the risk decreases and it becomes easy to quickly find the horizontal axis. If, in normal times, the axis is close to the navel, some phenomena can temporarily displace this plane above the head or near the ankles. As the horizontal plane is very thin, keep your hand open flat or just work with the feeling focalized at your fingertips. Stay close to the body because the energy density decreases with distance. Note in the image, on your right hand the fingers are at the navel. In this way, see if both hands are on the same level or if there is a mismatch.

The offset is measured in centimeters from the navel, the values are positive if higher than the navel, and negative if below. Thus a value of « 18 cm » means that the horizontal axis is 18 centimeters above the navel.

Are you centered?

A relevant test is to move the right arm on the side, aligned horizontally and point the index finger forward. Then in a split second, bend the arm and point your finger towards your navel. If you're well centered (focused) and you have awareness of your energy center, the index will go directly into the hollow of the navel. Otherwise, it is likely that the finger ends a little above, where most likely intersect the three axes of your vital field.

Exercise

Take 5 water glasses, fill 4 of them with tap water and 1 with alcohol. Stand on your feet, the 5 glasses within reach. With the left hand, check that your horizontal axis is aligned with your navel. Take a glass of water, place it against your chest and look for your axis. In principle, the horizontal plane should not be far from the navel as it is generally well aligned. Do the same with the glass containing alcohol, regardless of the type of alcohol. You will notice that the plane rises between 2 and 15 cm according to the alcohol used. If it does not rise sufficiently take a stronger alcohol to have a fairly large difference between the glass of water and the glass of alcohol. Note that it is better to use small closed bottles than glasses. Place a marker on the glass of alcohol and mix glasses. It is easier to work in pairs, one person takes the glasses and place them on your chest and you measure in turn each glass eyes closed. The goal is to find repeatedly the glass containing alcohol.

If you are alone, put the glasses on a turntable. Eyes closed, slowly turn the tray for 15 seconds, take the glass in front of you and, still blind, search for your horizontal plane. Pass the glass which is just next and so on, until you find the glass with alcohol. Repeat this exercise to increase your confidence.



Measurement of the horizontal axis