

### Measurement of the vertical axis displacement

The vertical axis is measured in the same manner as the horizontal axis, except that the hand is placed in front of the face, in a vertical position. Find the vertical axis by scanning from left to right, hand always vertical. As at this height there are other etheric phenomena, it is recommended to look first for the vertical axis in front of us at the thighs' level.

The offset is measured in centimeters from the axis of the physical body. It is indicated by a positive value when the axis moves to your right and a negative value if it is on your left. For reasons related to the geometry of the molecules of the physical body (molecular chirality), on which I will not elaborate for now, you see that the vertical plane has a very strong tendency to move to your left. This applies to temporary as well as permanent displacements.

From a statistical point of view, the shift to the left represents 93% of permanent shifts of the vertical axis, the remaining 7% are usually shifts on the diagonal.

Measure the gap at various heights of the body, head, pelvis, feet.

#### Exercise

If you have a wireless phone, you can use in this very revealing exercise. Check that your plane is properly aligned. Approach the base of the phone (about one meter) and look



Measurement of the vertical axis

for your vertical axis. You will find that it has moved a few centimeters to the left. Unplug the phone (power disconnect) and look again for your axis, which in principle will be back fairly quickly in alignment.

If a second person is with you, ask him/her to connect or disconnect the phone and try to find out using the vertical axis, if the device is in operation or not.

If you are alone, you can do the exercise with 10 glasses of water, one of which was placed a few minutes near the bottom of the phone. By having this exercise, you will understand the impact of this technology on the vital field.

### Measurement of the displacements of the lateral axis

Let your arms hang down along the body, turn the palms backward and scan the area from front to back. Normally, you find the lateral axis in the axis of the physical body. Where the gaps are the most common is in the back of the head or feet. Measure the gap from the hole in the ear or the axis of the malleolus (ankle bones).

#### Exercise

Close your eyes, visualize a scene from your childhood then measure your lateral axis (plane).



Measurement of the lateral axis

### **Emotional mobility**

The « emotional mobility » is the ability to have a vertical axis that moves very rapidly, and quite far (especially on the left) and often takes more time than normal - 2 to 5 seconds instead of 1 to 2 seconds - to realign. These people are quite emotional, quickly destabilized by unexpected situations, impulsive and reactive.

### **Vibratory mobility**

The « vibratory mobility » is the ability to be sensitive to cosmotelelluric phenomena and information from higher planes - etheric, astral, mental and spiritual. It is clear that mobility is interesting for all those working with the subtle. Such mobility is an asset to assess sites and benefit from their energies.

### **Temporal mobility**

« Temporal mobility » is linked to the ability to have the lateral plane sliding backwards easily. Our research is limited on this topic. I can only say that too much mobility prevents living « here and now » (being in the present).

### **Inner perception of axis offsets**

The axis offsets can create more or less pleasant sensations depending on their type and size. For the same disturbance, people usually react in a similar way (specific direction), but with a varying amount of displacement.

### **Shift to the left**

of 5 cm: weird feeling

of 10 cm: feeling sick, « *mal dans sa peau* », (to feel ill-at-ease in one's skin), goose bumps, discomfort, unclear ideas, heavy head, slight dizziness, knot in the stomach or in the chest.

of 15 cm: general malaise, blood like ice, shivering in the back, dizziness, sensation of bending, bizarre sight, nausea, feeling of cold.

of 20 cm and more: stumbling walk, jerky or blurred vision, feeling sick, general shiver, wobbly legs, sweaty palms, cold sweat.

### **Shift backward**

of 10 cm and more: feeling of being pulled backward, loss of sense of time, memories coming back, pain coming back, feeling of being elsewhere.

### **Shift downward**

of 5 cm: feeling of being anchored, very present in your body.

of 20 cm: feeling of being heavy, sagging limbs, feet sticking to the ground, energy is concentrated in the belly, compressed and then empty head. Feeling drained from below.

of 40 cm: feeling very heavy, the energy flowing in the legs, feet screwed to the ground, dragging feet walk, malaise and chills, cold sweat.

### **Shift upwards**

of 5 cm: feeling of no longer being centered.

of 10 cm: feeling a little lighter, energy rises in the column, the head is filled, the energy is concentrated in the chest.

of 20 cm: feeling light, energy is concentrated in the head, feeling less stable.

of 40 cm: the head is full of energy, feeling it compressed or ready to explode, feeling the energy moving downward from head to feet, less stable walking, increased sensory and extrasensory perception, swinging back and forth or in circle.

of 60 cm: impression of a shower from above, feeling spacey, view which becomes cloudy or clear or bizarre, difficult walking, turning of the body, open to higher planes, feeling timeless or out of time.